

25 Actions you can do to be in Tune with Nature

1. Bird Watching
2. Tree And Flower Growing
3. Become A Citizen Scientist
4. Take Long Nature Walks
5. Watch The Sunrise And Don't Forget The Sunset
6. Read Wild Books And Magazines
7. Watch Remarkable Wildlife Documentaries
8. Take Nature Photos And Short Films
9. Become An Active Social Media Environmental Representative
10. Go Camping
11. Visit Your Nearest Or Furthest National Park/Reserve/Forest Or Conservancy
12. Switch Off All Your Gadgets And Be One With Nature
13. Become An Entomologist
14. Introduce A Friend To Nature
15. Track Wild Findings
16. Listen To Nature In The Stillness Of Dawn And Dusk
17. Collect Litter And Dispose of Properly
18. Practice Reuse, Reduce And Recycle Principles
19. Support An Environmental Initiative
20. Share Your Wild Experiences Online
21. Volunteer
22. Take Up A Plastic Free Challenge
23. Watch The Sky At Night
24. Educate Anyone You Meet On The Importance Of The Environment
25. Relax In Nature